## peace & gentleness guide

Rejoice in the Lord always. I will say it again: Rejoice!
Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:4-7

Rejoice: What can I rejoice about?

**Presence:** Thank God that He is near.

Prayers & Petitions:
What are 3 things I need to hand over to God?

1.

2.

**3.** 

What things in the world or my life can I think about that are...

True:

**Noble:** 

Right:

**Pure:** 

Lovely:

**Admirable:** 

**Excellent:** 

**Praiseworthy:** 

fruit(full)